



## Essex Child and Family Wellbeing Service Mid Essex – Pre-Birth to 19 Services

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Date: 16.05.2019

# Service mission, vision and motto

## Our Mission Statement

Our mission is to provide first class universal public health and care and specialist community health services to the children, young people and families of Essex.

Through a unique partnership between Virgin Care and Barnardo's, two nationally renowned providers in their respective fields, we aim to deliver a range of high quality community and family focussed health and wellbeing services. These include health visiting, school nursing and family support for families and children from pre-birth to 19 years.



We're on a mission to give  
children and young people  
the best start in life!

We are dedicated to delivering safe, accessible, effective, and professional child and family health and wellbeing services with integrity and accountability using outcome focussed, evidence based care.

Our aim is to work wherever needed to improve the lives of children, young people and families and the communities in which they live by helping to enable them to:

- Promote their own and their family's physical and mental health and wellbeing
- Create home and community environments where children, young people and their families are safe and can learn, grow and thrive
- Be resourceful, self-supportive and supportive of others in order to build resilience and be future proof

# Service mission, vision and motto

## Our Vision Statement

We strive to continue to improve, build and develop; aiming to give the very best of ourselves to the families and communities we serve and to enable them to thrive. We will do this by providing joined up services that are 'without walls'. Our core approach is:

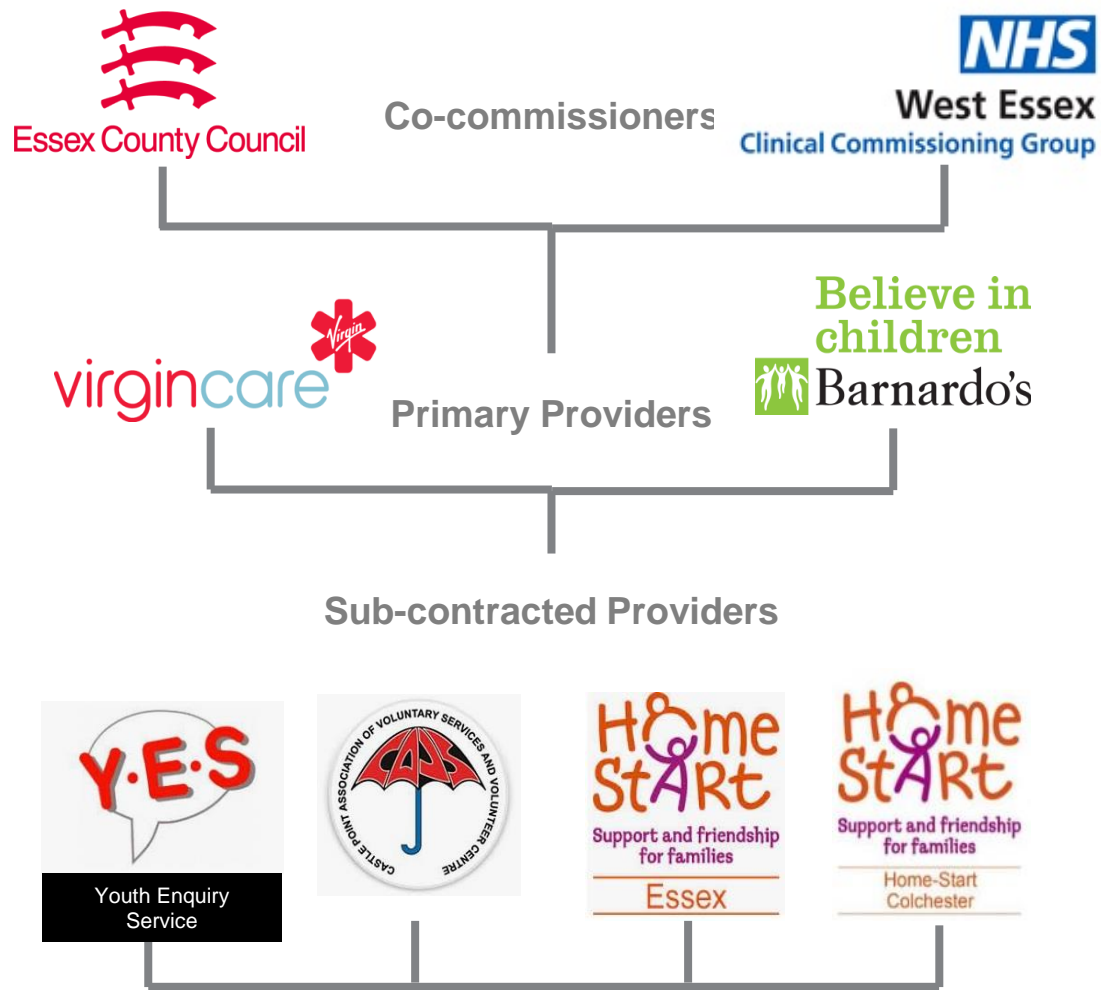
- Holistic and inclusive
- Kind and compassionate
- Outcome focussed and evidence based
- Innovative and creative
- Courageous and proactive
- Professional and dedicated



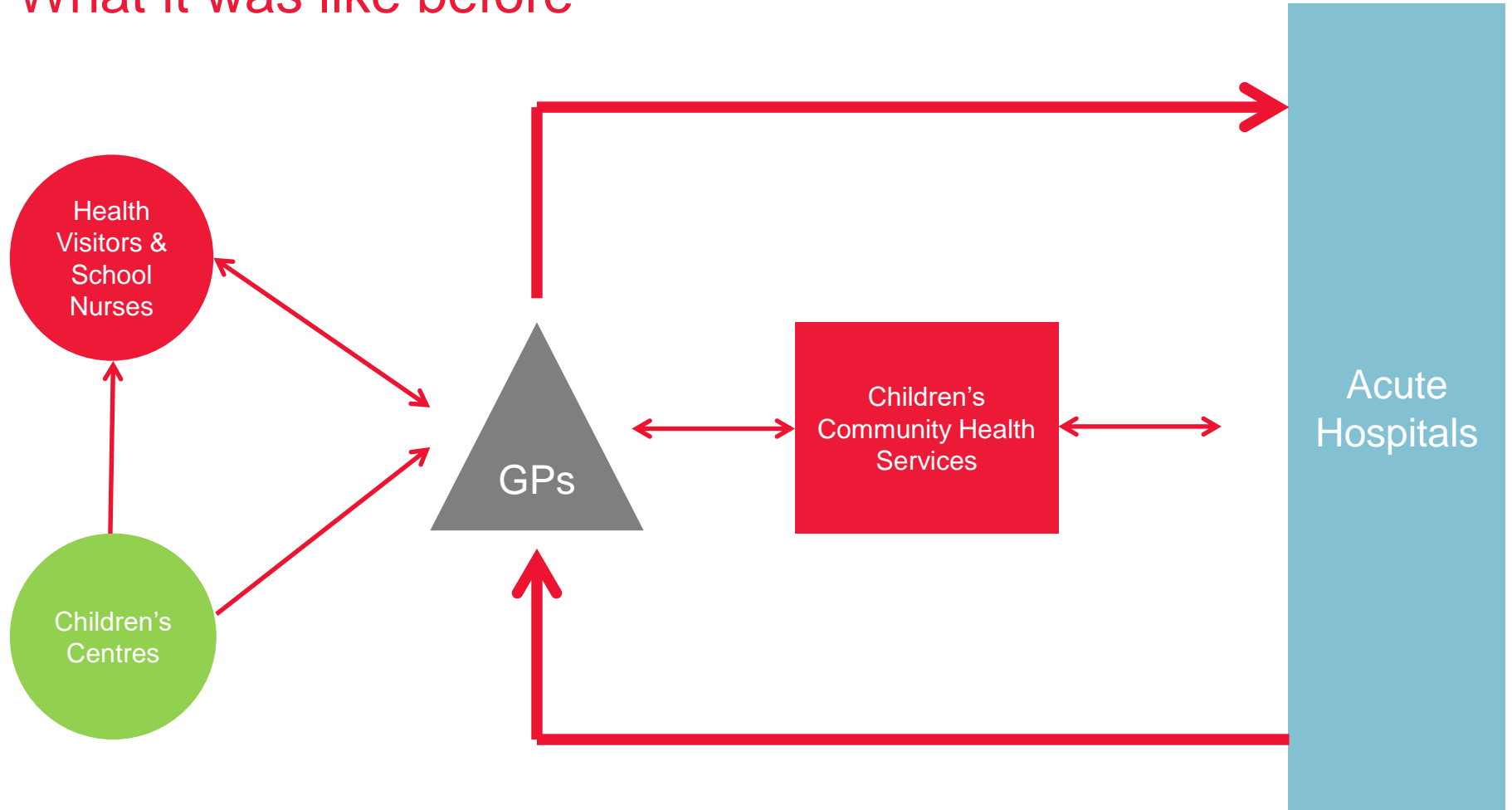
## Our Motto

Striving to improve health and wellbeing outcomes for children and families  
in the community, for the community, with the community

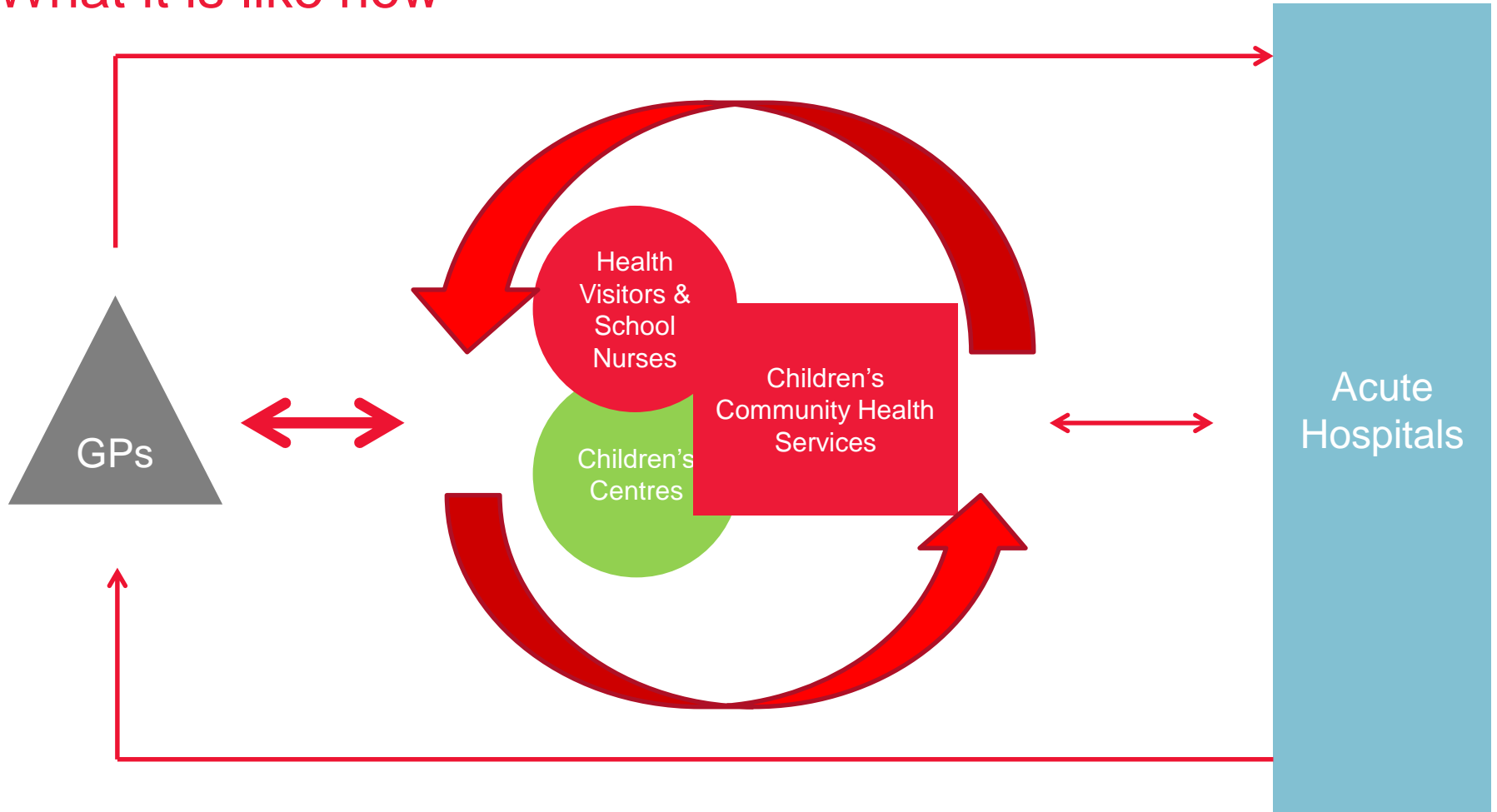
# About our contract



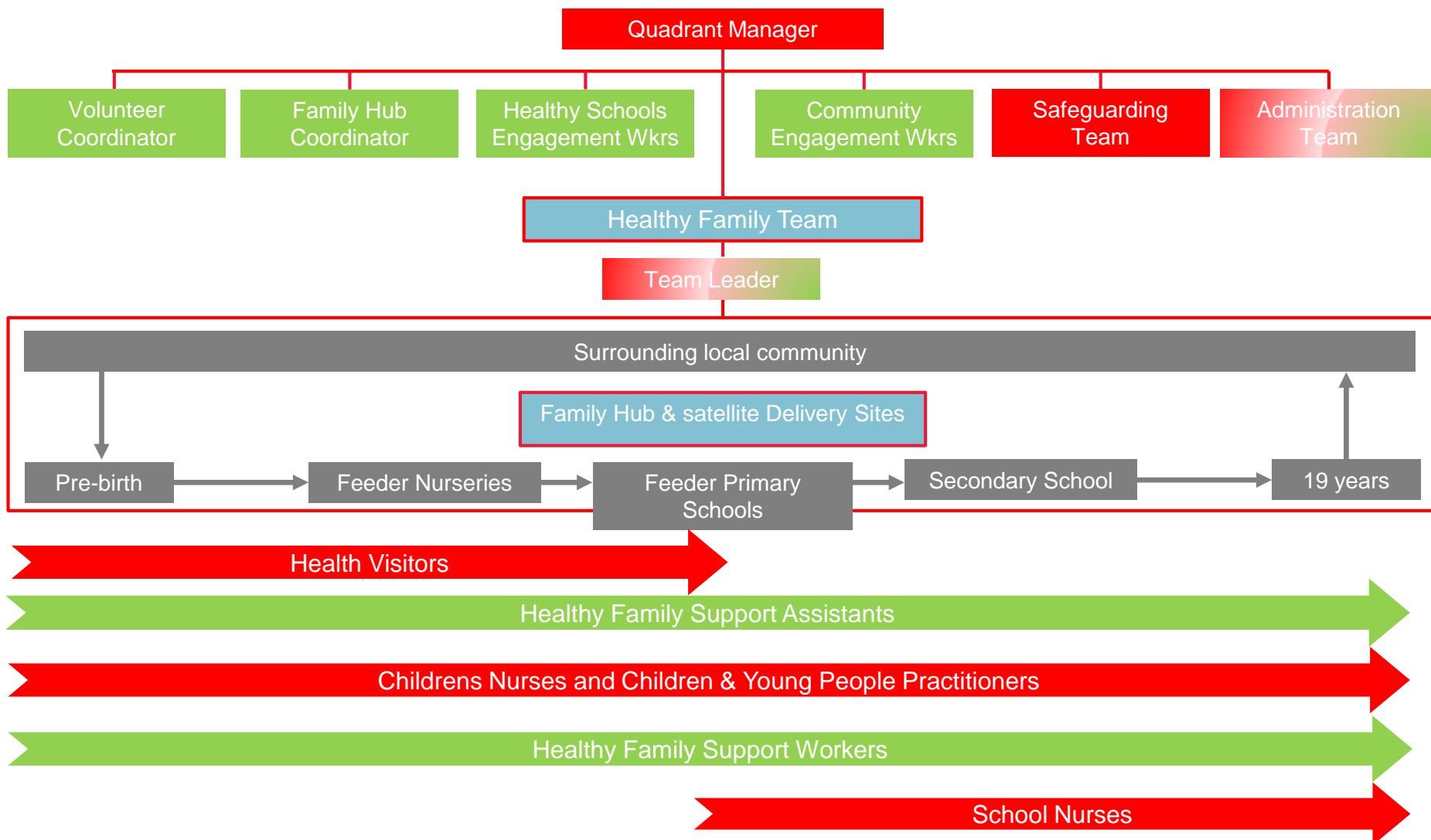
# What it was like before

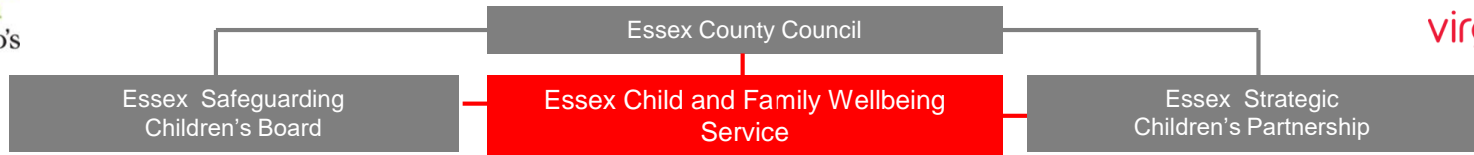


# What it is like now



# Illustrations of our delivery model





Mid Essex Quadrant

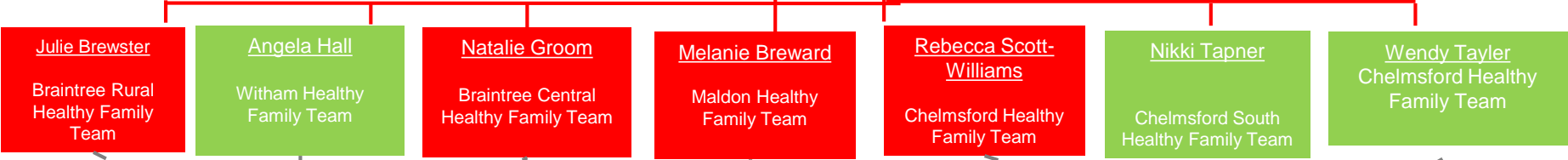
Zoe Oddy  
Quadrant Manager  
[Zoe.Oddy@Virginicare.co.uk](mailto:Zoe.Oddy@Virginicare.co.uk)

Family Hub Co-ordinator – Vacant

Mid Essex Children's Partnership board

Kate Walder  
Deputy Quadrant Manager  
[Kate.Walder@Virginicare.co.uk](mailto:Kate.Walder@Virginicare.co.uk)

Tallulah Shaughnessy,  
Deputy Quadrant Manager  
[Tallulah.shaughnessy@Barnardos.org.uk](mailto:Tallulah.shaughnessy@Barnardos.org.uk)



Braintree ECFWS Advisory board

Maldon ECFWS Advisory Board

Chelmsford ECFWS Advisory Board

**Braintree Family Hub**  
CM7 3QZ

**Maldon Family Hub**  
CM9 5FW

**Chelmsford Family Hub**  
CM1 1QH







# Mid Essex

## Healthy Family Teams

# Single point of contact

For all Mid Essex Services, please contact us on the number listed below. Your call will then be re-directed to the relevant service such as Duty Health Visitor.

Pre-birth to 19 Services Central Office Hub (HQ)	Telephone	Email	Safeguarding Team	Looked After Children Team
8 <sup>th</sup> Floor Seax House Victoria Road South Chelmsford Essex CM1 1QH	<b>0300 247 0014</b>	<a href="mailto:vcl.essexmid-PB19adminhub@nhs.net">vcl.essexmid- PB19adminhub@nhs .net</a>	<b>0300 247 0014</b>	<b>0300 247 0014</b>

Internet site:

[www.essexfamilywellbeing.co.uk](http://www.essexfamilywellbeing.co.uk)



## Welcome to Essex Child and Family Wellbeing Service

On behalf of Essex County Council and the NHS, Virgin Care and Barnardo's provide a range of child and family services throughout Essex that are free at the point of delivery.

Search for services in your area

Support available for you and your family

- > [0-1 year](#)
- > [1-3 years](#)
- > [3-8 years](#)
- > [8-19 years](#)
- > [For you](#)

# Healthy Family Teams

## Braintree Central Healthy Family Team

**Team Leader: Natalie Groom**  
Natalie.groom@Virgincare.co.uk  
**07773207174**

Braintree Central Team based at  
Carousel Family Hub

## Witham Silver End Healthy Family Team

**Team Leader: Angela Hall**  
Angela.Hall@Barnardos.org.uk  
**07702 512796**

Witham Silver End Team based at  
Carousel Family Hub

## Braintree Rural Healthy Family Team

**Team Leader: Julie Brewster**  
Julie.Brewster@Virgincare.co.uk  
**07970343084**

Braintree Rural Team based at  
Carousel Family Hub

Silver End Delivery Site  
Broadway  
Silver End, Essex  
CM8 3RQ  
  
Sessional delivery space

**Carousel Family Hub**  
Chapel Hill, Braintree, Essex,  
CM7 3QZ  
Monday – Friday  
8am – 6pm

Harlequin Delivery Site  
Spa Road  
Witham  
CM8 1NA  
  
Sessional delivery space

Acorn Delivery Site  
Berridge Road  
Halstead  
Essex  
CO9 1JH  
  
Sessional delivery space



# Healthy Family Teams

## Chelmsford Healthy Family Team

**Team Leader:** Rebecca Scott-Williams  
Rebecca.Scott-Williams@Virgincare.co.uk  
**07773 206620**

Chelmsford Healthy Family Team  
based at Seax House

**Team Leader:** Nicola Tapner  
Nikki.Tapner@Barnardos.org.uk

**07712691723**

Chelmsford Healthy Family Team  
based at Chetwood

**Team Leader:** Wendy Tayler  
Wendy.tayler@Barnardos.org.uk  
**07718 268424**

Chelmsford Healthy Family Team  
based at Seax House

## Chelmsford Family Hub

Monday – Friday  
8am – 6pm  
CM1 1QH

Chetwood Delivery Site  
Shirebourn Vale, South  
Woodham Ferrers  
CM3 5ZX

Sessional delivery space

Chelmsford West  
Delivery Site  
Dixon Avenue,  
Chelmsford, CM1 2AQ

Sessional delivery space

# Healthy Family Teams

## Maldon Healthy Family Teams

**Team Leader:** Melanie Breward  
Melanie.Breward@nhs.net

**07970346146**

Maldon Healthy Family Team  
based at Maldon Family Hub

## **Maldon Family Hub**

Monday- Friday 8am-6pm

CM9 5FW

Dengie Delivery Site  
Ormiston Rivers  
Academy  
Burnham  
CM0 8QB

Sessional delivery space

# Duty Health Visitor and Support Worker

We want to run a visible and accessible service.

A Duty Health Visitor and support worker is available for walk in support at the following

- **Chelmsford Family Hub - 8am – 6pm**
- **Carousel Family Hub - 8am – 6pm**
- **Maldon Family Hub – 8am – 6pm**

For all telephone enquiries and to be directed to the Duty Health Visitor please call 0300 247 0014 – 8am-6pm

We offer **Assisted and Self Weigh** facilities for families to drop in and utilise

Duty Health Visitor and Support Worker are on site for support and guidance where required.

## Examples of what you can expect from Duty Health Visitor

- Specific Child Health Advice
  - Information Sharing
  - Care Planning
- Urgent enquiries/safeguarding

## Examples of what you can expect from Duty Healthy Family Support Worker

- Parenting Support
  - Infant Feeding
- Advice on child development and growth
- Hearing Test for school aged children

# Linked practitioner's

## Maldon Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<p><b>Longfield Medical Centre</b> Princes Road Maldon Essex CM9 5DF 01621876433 longfieldmc@nhs.net</p>	<p><b>Lisa Arber</b> <a href="mailto:l.arber@nhs.net">l.arber@nhs.net</a> 07583093431</p>	<p><b>Rebecca Murrell</b> <a href="mailto:rebecca.murrell@nhs.net">rebecca.murrell@nhs.net</a> 07970345515</p>
<p><b>Blackwater Medical Centre</b> Princes Road Maldon Essex CM9 5GP 01621876760 blackwater.medicalcentre@nhs.net</p>	<p><b>Simone Rumbles</b> <a href="mailto:s.rumbles@nhs.net">s.rumbles@nhs.net</a> 07970347310</p>	<p><b>Rebecca Murrell</b> <a href="mailto:rebecca.murrell@nhs.net">rebecca.murrell@nhs.net</a> 07970345515</p>
<p><b>The Tollesbury Practice</b> 25 High Street Tollesbury Maldon Essex CM9 8RG 01621869204 prescriptions.f81076@nhs.net</p>	<p><b>Daisy Turner</b> <a href="mailto:daisyturner@nhs.net">daisyturner@nhs.net</a> 07773206554</p>	<p><b>Rebecca Murrell</b> <a href="mailto:rebecca.murrell@nhs.net">rebecca.murrell@nhs.net</a> 07970345515</p>
<p><b>Maylandsea Medical Centre</b> Imperial Avenue Maylandsea Chelmsford Essex CM3 6AH 01621742233 dengie.medical@nhs.net</p>	<p><b>Julie Thompson</b> <a href="mailto:julie.thompson22@nhs.net">julie.thompson22@nhs.net</a> 07970347247</p>	<p><b>Sam Menon</b> <a href="mailto:samantha.menon@nhs.net">samantha.menon@nhs.net</a> 07773206598</p>

# Linked practitioner's

## Maldon Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<p><b>Burnham Surgery</b>            Foundry Lane Burnham On Crouch            Essex CM0 8SJ            01621782054            practicemanager.f81126@nhs.net</p>	<p><b>Natasha Keighley</b>  <a href="mailto:natasha.keighley@nhs.net">natasha.keighley@nhs.net</a>            07773206529</p>	<p><b>Sam Menon</b>  <a href="mailto:samantha.menon@nhs.net">samantha.menon@nhs.net</a>            07773206598</p>
<p><b>The Dengie Medical Partnership</b>            61 South Street Tillingham            Southminster Essex CM0 7TH            01621778383            dengie.medical@nhs.net</p>	<p><b>Natasha Keighley</b>  <a href="mailto:natasha.keighley@nhs.net">natasha.keighley@nhs.net</a>            07773206529</p>	<p><b>Sam Menon</b>  <a href="mailto:samantha.menon@nhs.net">samantha.menon@nhs.net</a>            07773206598</p>
<p><b>The Trinity Medical Practice</b>            1 The Drive Mayland Chelmsford Essex            CM3 6AB            01621745400            ttmp@nhs.net</p>	<p><b>Julie Thompson</b>  <a href="mailto:julie.thompson22@nhs.net">julie.thompson22@nhs.net</a>            07970347247</p>	<p><b>Sam Menon</b>  <a href="mailto:samantha.menon@nhs.net">samantha.menon@nhs.net</a>            07773206598</p>
<p><b>William Fisher Medical Centre</b>            High Street Southminster            Essex CM0 7AY            01621772360            debbie@nhs.net</p>	<p><b>Natasha Keighley</b>  <a href="mailto:natasha.keighley@nhs.net">natasha.keighley@nhs.net</a>            07773206529</p>	<p><b>Sam Menon</b>  <a href="mailto:samantha.menon@nhs.net">samantha.menon@nhs.net</a>            07773206598</p>



# Linked practitioner's

## Braintree Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<b>Blyths Meadow Surgery</b> Trinovantian Way, Braintree CM7 3JN 01376 552508	Peta Waterman <a href="mailto:Peta.Waterman@nhs.net">Peta.Waterman@nhs.net</a> 07970893280	Hannah Clements <a href="mailto:Hannah.Clements4@nhs.net">Hannah.Clements4@nhs.net</a> 07970340300
<b>Blandford Medical</b> Mace Avenue, Braintree CM7 2AE Centre 01376 347100	Louise Froment <a href="mailto:Louise.Froment@nhs.net">Louise.Froment@nhs.net</a> 07525886584	<a href="mailto:Agnesjoyce.wells@nhs.net">Agnes (Joyce) Wells</a> <a href="mailto:Agnesjoyce.wells@nhs.net">Agnesjoyce.wells@nhs.net</a> 07970345906
<b>Little Waltham and Great Notley Surgery</b> Notley Green, Great Notley, Braintree CM77 7GS 01376 341411	Lisa Crane <a href="mailto:Lisa.Crane@virginicare.co.uk">Lisa.Crane@virginicare.co.uk</a> 07971385657	<a href="mailto:Agnesjoyce.wells@nhs.net">Agnes (Joyce) Wells</a> <a href="mailto:Agnesjoyce.wells@nhs.net">Agnesjoyce.wells@nhs.net</a> 07970345906
<b>Church Lane Surgery</b> Braintree CM7 5SN 01376 552474	Sarah Martin <a href="mailto:Sarah.Martin56@nhs.net">Sarah.Martin56@nhs.net</a> 07989218168	Hannah Clements <a href="mailto:Hannah.Clements4@nhs.net">Hannah.Clements4@nhs.net</a> 07970340300
<b>Mount Chambers Surgery</b> 92 Coggeshall Rd, Braintree CM7 9BY 01376 553415	Alice Hayes <a href="mailto:Alice.Hayes@nhs.net">Alice.Hayes@nhs.net</a> 07583086643	Hannah Clements <a href="mailto:Hannah.Clements4@nhs.net">Hannah.Clements4@nhs.net</a> 07970340300

# Linked practitioner's

## Halstead Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<b>Freshwell Health Centre</b> Wethersfield Road Finchingfield CM7 4BQ	Rachel Skipp <a href="mailto:rachaelskipp@nhs.net">rachaelskipp@nhs.net</a> 07799894954	Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698
<b>Elizabeth Courtauld</b> Factory Lane West Halstead CO9 1EX	Fiona Courtauld, Rowena Gerrie &, Stacy Lister <a href="mailto:Fiona.Courtauld@virgincare.co.uk">Fiona.Courtauld@virgincare.co.uk</a> 07773206564 <a href="mailto:rowena.nash@nhs.net">rowena.nash@nhs.net</a> 07966161368 <a href="mailto:Stacy.lister@nhs.net">Stacy.lister@nhs.net</a> 07773536806	Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698
<b>The Pump House Surgery</b> Nonancourt Way Earls Colne CO6 2SW	Helen Karadzic <a href="mailto:Helen.Karadzic@virgincare.co.uk">Helen.Karadzic@virgincare.co.uk</a> 07773206484	Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698
<b>Hedingham Medical Centre</b> 10 Falcon Square Castle Hedingham CO9 9AE	Sue Disley <a href="mailto:s.disley@nhs.net">s.disley@nhs.net</a> 07970342720	Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698

# Linked practitioner's

## Halstead Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<p><b>Hedingham Medical Centre</b> Hilton House, 77 Swan Street Sible Hedingham CO93HT</p>	<p>Sue Disley <a href="mailto:s.disley@nhs.net">s.disley@nhs.net</a> 07970342720</p>	<p>Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698</p>
<p><b>Steeple Bumpstead Surgery</b> Bower Hall Drive, Steeple Bumpstead, Haverhill CB9 7ED</p>	<p>Rachael Skipp <a href="mailto:rachaelskipp@nhs.net">rachaelskipp@nhs.net</a> 07799894954</p>	<p>Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698</p>
<p><b>Hardwicke House Group Surgery</b> 67 Pot Kiln Rd, Great Cornard, Sudbury CO10 0DH</p>	<p>Rachael Skipp <a href="mailto:rachaelskipp@nhs.net">rachaelskipp@nhs.net</a> 07799894954</p>	<p>Lacey Ibrahim <a href="mailto:Lacey.ibrahim@virgincare.org.uk">Lacey.ibrahim@virgincare.org.uk</a> 07790814698</p>

## Linked practitioner's

### Witham and Silver End Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<b>Coggeshall Surgery Stoneham Street</b> Coggeshall CO6 1UH	Lisa Sitch <a href="mailto:l.sitch@nhs.net">l.sitch@nhs.net</a> 07970341332	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Kelvedon and Feering Health Centre</b> 46 High St, Kelvedon, Colchester CO5 9AG	Sarah Lewis <a href="mailto:sarah.lewis12@nhs.net">sarah.lewis12@nhs.net</a> 07773206550	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Brimpton House</b> 59 High Street, Kelvedon, Colchester CO5 9AE	Sarah Lewis <a href="mailto:sarah.lewis12@nhs.net">sarah.lewis12@nhs.net</a>  07773206550	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Hatfield Peveral Surgery</b> Sidney House Strutt Close, Hatfield Peverel, Chelmsford CM3 2HB	Rita Chesson <a href="mailto:rita.chesson@nhs.net">rita.chesson@nhs.net</a> 07970345758	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051

# Linked practitioner's

## Witham and Silver End Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<b>Silver End Surgery</b> 3 Broadway Silver End Witham CM8 3RQ	Lesley Bell <a href="mailto:l.bell1@nhs.net">l.bell1@nhs.net</a> 07773206466	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Fern House</b> 125-129 Newland Street, Witham CM8 1BH	Pauline Keeling <a href="mailto:pauline.keeling@nhs.net">pauline.keeling@nhs.net</a> 07773206526	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Witham Health Centre</b> 4 Mayland Road, Witham CM8 2UX	Sharon Boatswain <a href="mailto:sharon.boatswain@nhs.net">sharon.boatswain@nhs.net</a> 07970346376	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Douglas Grove</b> Douglas Grove, Witham CM8 1TE	Sharon Boatswain <a href="mailto:sharon.boatswain@nhs.net">sharon.boatswain@nhs.net</a> 07970346376	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051
<b>Collingwood Road.</b> 40 Collingwood Road Witham CM8 2DZ	Lesley Bell <a href="mailto:l.bell1@nhs.net">l.bell1@nhs.net</a> 07773206466	Paula Thompson <a href="mailto:Paula.thompson16@nhs.net">Paula.thompson16@nhs.net</a> 07583074051

# Linked practitioner's

## Chelmsford Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<b>Anson Close Surgery</b> 3 Anson Close South Woodham Ferrers, CM3 5YJ 01245 328040	Heidi Ryden <a href="mailto:Hryden@nhs.net">Hryden@nhs.net</a> 07773206522	<b>Louise Hart</b> <a href="mailto:Louise.hart6@nhs.net">Louise.hart6@nhs.net</a> 07773202285
<b>Baddow Village Surgery</b> Longmead Avenue Great Baddow, Essex CM2 7EZ 01245 473251	<b>Hannah Latchfield</b> <a href="mailto:Hannah.latchfield@nhs.net">Hannah.latchfield@nhs.net</a> 07811670718	<b>Lisa Fullman</b> <a href="mailto:Lisa.fullman@nhs.net">Lisa.fullman@nhs.net</a> 07773206586
<b>Beacon Health Group</b> 52 Maldon Road, Danbury, Essex CM3 4QL 01245 221777	<b>Moira Mitchell</b> <a href="mailto:Moiramitchell@nhs.net">Moiramitchell@nhs.net</a> 07970341541	<b>Louise Hart</b> <a href="mailto:Louise.hart6@nhs.net">Louise.hart6@nhs.net</a> 07773202285
<b>Beauchamp House</b> 37 Baddow Road, Chelmsford, Essex CM2 0DB 01245 262255	<b>Hannah Latchfield</b> <a href="mailto:Hannah.latchfield@nhs.net">Hannah.latchfield@nhs.net</a> 07811670718	<b>Lisa Fullman</b> <a href="mailto:Lisa.fullman@nhs.net">Lisa.fullman@nhs.net</a> 07773206586
<b>Brickfields Surgery</b> 4 Brickfields Road, South Woodham Ferrers, Essex CM3 5XB 01245 328855	<b>Deborah Felton</b> <a href="mailto:Deborahfelton@nhs.net">Deborahfelton@nhs.net</a> 07773536875	<b>Louise Hart</b> <a href="mailto:Louise.hart6@nhs.net">Louise.hart6@nhs.net</a> 07773202285

# Linked practitioner's

## Chelmsford Healthy Family Team

GP Surgery	Health Visitor	School Nurse
<b>Chelmer Village Surgery</b> Ashton Place, Chelmsford, Essex CM2 6ST 01245 467759	<b>Doreen Deborah</b> <a href="mailto:Doreen.debrah@nhs.net">Doreen.debrah@nhs.net</a> 07970344411	<b>Lisa Rusby</b> <a href="mailto:Lisa.rusby@nhs.net">Lisa.rusby@nhs.net</a> 07970343268
<b>Dickens Place Surgery</b> Dickens Place, Chelmsford, Essex CM1 4UU 01245 442628	<b>Vanessa Kirk</b> <a href="mailto:Vkirk@nhs.net">Vkirk@nhs.net</a> 07976417222	<b>Lisa Fullman</b> <a href="mailto:Lisa.fullman@nhs.net">Lisa.fullman@nhs.net</a> 07773206586
<b>Dr Dawton and Partners</b> 27 Humber Road, Chelmsford Essex, CM1 7PE 01245 204044	<b>Vicky Dennett</b> <a href="mailto:V.dennett@nhs.net">V.dennett@nhs.net</a> 07866148711	<b>Lisa Rusby</b> <a href="mailto:Lisa.rusby@nhs.net">Lisa.rusby@nhs.net</a> 07970343268
<b>Greenwood Surgery</b> Tylers Ride, South Woodham Ferrers, Essex, CM3 5XD 01245 426898	<b>Catherine Waite</b> <a href="mailto:catherinewaite@nhs.net">catherinewaite@nhs.net</a> 07970342398	<b>Louise Hart</b> <a href="mailto:Louise.hart6@nhs.net">Louise.hart6@nhs.net</a> 07970343268

# Linked practitioner's

## Chelmsford Healthy Family Team

GP Surgery	Health Visitor	School Nurse
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<b>Little Waltham Surgery</b> 30 Brook Hill, Chelmsford, Essex CM3 3LL 01245 360253	<b>Lisa Seager</b> <a href="mailto:Lisa.seager@nhs.net">Lisa.seager@nhs.net</a> 07970346619	<b>Marilyn Wilson</b> <a href="mailto:Marilyn.wilson9@nhs.net">Marilyn.wilson9@nhs.net</a> 07773207174
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